



Your stay in hospital

Information for patients having surgery

What to bring to hospital

- Sleepwear, preferably night dresses
- Dressing gown
- Slippers
- Toiletries including toothbrush, toothpaste, shampoo, soap, hair brush and a box of tissues
- Magazines or a book (a trolley selling magazines and snacks will visit the ward each day)
- Medicare card
- Pension, Health Benefit or Pharmaceutical Benefit or Concession card if applicable
- A sufficient supply of all medications that you are currently taking
- Any relevant information such as referral letters, X-rays, ultra-sound reports etc
- Change for phone calls or a phone card (available from the kiosk)
- Please do not bring in your own TV or mobile phone as these can interfere with hospital equipment.
- We strongly advise you not to bring in any valuables such as jewellery, credit cards or large amounts of money.

How to get to the NEW Royal Women's Hospital

Public transport

- Tram 19 - stops at the corner of Royal Parade and Grattan Street
- Trams 55 & 59 - stops at the corner of Flemington Rd and Grattan St
- Buses 401 & 402 - stop on Grattan St outside the Royal Melbourne Hospital
- A taxi rank is located in front of the hospital in Grattan St.

The Royal Women's Hospital is a smoke free hospital.

Car parking

Public car parking is accessible from Flemington Rd with dedicated parking for visitors and patients. A small number of short-term parking spaces for pick-up and drop-off only are located at Lower Ground Level, also off Flemington Rd. Lifts lead directly to the main reception, outpatient services or private consulting suites.

Visitors

Please do not have too many visitors as it is too tiring for you. It may be helpful if a relative or close friend suggests to others that they keep their visit short or postpone their visit until you are feeling stronger. This also applies to telephone calls. Visiting hours are from 10.00am to 8.00pm

Telephone calls

There is a telephone at your bedside. Friends and relatives should telephone patient enquiries on 8345 3030. You will need to buy a telephone card from the kiosk on the ground floor in order to make outgoing telephone calls.

Radio and television

All beds are fitted with a television screen that can be hired for a daily fee. The ward clerk will arrange for the set to be switched on if you wish to have access to the television or the in-house movie channel. TV staff only work from 2.00pm to 6.00pm.



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Before you come into hospital think about what you need to do to prepare for your return home.

Going home

It is important to prepare for when you go home before you come into hospital. The length of time that you will stay in hospital will be discussed with you before you are admitted. Patients are usually discharged in the morning between 9.30am and 10.00am. The Royal Women's Hospital has staff available to discuss any additional support you may require following your discharge, such as Home Help. It is recommended that someone accompanies you home and spends the first night with you.

Hospital services that may be helpful

The Women's Health Information Centre

This is a drop-in service located on the ground floor. There are a wide range of books, magazines and articles on women's health. You are welcome to visit or talk to the nurse about general women's health matters.

Language services

The Women's encourages the use of accredited interpreters to ensure that women whose first language is not English are able to communicate with their doctor and midwife. Interpreters (including Auslan interpreters) can be requested at any time while you are an inpatient. For appointments you should book in advance. Language services are in Women's Social Support Services on the ground floor or you can call 8345 3054.

Aboriginal Women's Health Business Unit

This service is available for Aboriginal and Torres Strait Islander women. The service offers support and advocacy to ATSI women and their families. Located on the ground floor next to the Women's Health Information Centre or you can call 8345 3047.

Consumer advocate

The consumer advocate welcomes your comments - good and bad – about your time at the hospital. Your comments are very important in helping us to improve our service for you and for other women and their families.

Located on level one of the hospital or you can telephone 8345 2290 or 8345 2291.