

Shoulder Dystocia recognised

STOP PUSHING

- Remove pillows
- Lay woman flat
- Move buttocks to end of bed

Commence documentation using proforma/form

All manoeuvres: 30s each
+ normal traction if movement

Call for help

- Senior midwife
- Additional midwives
- Experienced obstetrician
- Paediatrician

Mc Roberts Manoeuvre

Suprapubic pressure

30s sustained
30s rocking

Consider episiotomy for internal manoeuvres

Order unimportant

Deliver the posterior arm

Internal manual manoeuvres

- Rubins 2
- + Wood Screw
- Reverse Wood Screw

Not successful

**Senior obstetric help
Anaesthetist**

Consider all-fours position and deliver posterior shoulder

Repeat all manoeuvres

- Cleidotomy
- Symphysiotomy
- Zavanelli manoeuvre

Be prepared for: PPH, perineal trauma, birth trauma and hypoxia.
Consider: debrief the woman and birth partners, staff debrief, neonatal review