

**Visit our web site at**

**[www.thewomens.org.au/alcoholdrugservice](http://www.thewomens.org.au/alcoholdrugservice)**

The Women's Alcohol & Drug Service (WADS) at

The Royal Women's Hospital provides pregnancy care and counselling within a multidisciplinary team for women with alcohol and/or drug issues. WADS, offers state wide professional education, training and secondary consultation throughout metropolitan Melbourne and regional Victoria. The service also provides training specific to individual work place needs. All services are free of charge.

**Training sessions**

All sessions are conducted by the WADS team who are experienced practising health professionals with qualifications in drug and alcohol work and professional training.

Other guest presenters are included in some sessions. Certificates of attendance are available on request.

**Participants**

The program is available to all professionals from hospitals and community organisations who work with pregnant women and their infants. Some sessions may be of general interest, others will benefit specific professional groups.

For further details regarding session content please visit our web site [www.thewomens.org.au/alcoholdrugservice](http://www.thewomens.org.au/alcoholdrugservice)

**April**

**Engaging and assessing women with drug and alcohol use in pregnancy**

**Thursday 2nd, 9.30am – 1.00pm**

Venue: Conference room A

- Exploring values and attitudes towards pregnant women with drug and alcohol use
- Understanding the complex psychosocial issues related to pregnancy and substance use
- How to complete a thorough medical, drug and alcohol and psychosocial assessment
- Learning effective communication strategies with clients
- Information on support services for pregnant and parenting women and for health professionals

**Drug and alcohol use in pregnancy**

**Thursday 30th, 9.30am – 4.30pm**

Venue: Conference room A

This full day session is aimed at health professionals working with pregnant women with drug and alcohol issues. Participants will gain an understanding of the impact of drug and alcohol use in pregnancy and the complexities involved. Topics on the day will address:

- Basic drug and alcohol information
- Harm minimisation
- How to raise the issue and engage pregnant women who use drugs and alcohol
- Common issues
- How to obtain a thorough medical, drug and alcohol, and psychosocial assessment
- Impact of drug and alcohol use in pregnancy
- Management of the infant exposed to drugs and alcohol during pregnancy
- Nutritional issues

**May**

**Clinical Practice Guidelines for Neonatal Abstinence Syndrome (NAS)**

**Tuesday 26th, 9.30am – 1.00pm**

Venue: Conference room A

This half day session will explore the recommended major changes to current practise, including:

- NAS scoring now includes babies of mothers assessed as dependent on alcohol, stimulants, sedatives, antidepressants and opioids
- Treatment, discharge planning and follow-up regimes

The NAS guideline provides comprehensive recommendations for:

- Antenatal assessment and care
- Assessment and care for babies at risk of NAS

**June**

**Parenting & risk assessment**

**Tuesday 23rd, 9.30am – 1.00pm**

Venue: Conference room A

- How to obtain a parenting risk assessment
- Understanding and working with Child Protection
- Information regarding the Department of Human Service's High Risk Infant Program
- Exploring maternal/infant attachment
- Information on parenting support programs

**July**

**Substance use, mental health and pregnancy**

**Thursday 23rd, 9.30am – 1.00pm**

Venue: Conference room A

This workshop will explore issues around substance use, mental health and pregnancy.

- Post natal depression
- Current treatment options, including counselling and medication
- Support services in the community

**Bookings and contact details**

**There is no charge for the program including training material.**

**For bookings and enquires contact WADS**

**Tel (03) 9344 3631 Fax (03) 9344 2719**

**Email [wads@thewomens.org.au](mailto:wads@thewomens.org.au)**

**To cancel please call Tony as there is often a waiting list.**

**Venue** The Royal Women's Hospital  
Conference room A, ground floor, main entry – cnr Grattan St and Flemington Rd Parkville

**Public transport is recommended.**

There is very limited street parking. Commercial car parking is available via the Flemington Rd entrance to the hospital car park. Commercial car parking is also available at the cnr Grattan and Cardigan Sts Carlton.

