

# TRAINING CALENDAR

The Women's Alcohol & Drug Service (WADS) at The Royal Women's Hospital provides pregnancy care and counselling within a multidisciplinary team for women with alcohol and/or drug issues. WADS, offers state wide professional education, training and secondary consultation throughout metropolitan Melbourne and regional Victoria. The service also provides training specific to individual work place needs. All services are free of charge.

9  
March

## Drug & Alcohol use in pregnancy (session also 20 July)

Time 9.30am to 4.00pm Venue Conf Room A

This full day session is aimed at health professionals working with pregnant women with drug and alcohol issues. Participants will gain an understanding of the impact of drug and alcohol use in pregnancy and the newborn, and explore the complexities involved.

23  
March

## Parenting under pressure

Time 9.30am to 1.00pm Venue Conf Room A

The area of parenting and substance use poses a real challenge for health professionals working in both hospitals and the wider community. This session will attempt to debunk some of the myths around parenting and substance use and explore relevant issues facing workers in the field.

27  
April

## Blood borne viruses (BBVs)

Time 9.30am to 1.00pm Venue Conf Room A

This half day session will explore the issues regarding Blood Borne Viruses and the impact on pregnancy, breastfeeding and the newborn. The presentations will clarify the misinformation about Blood Borne Viruses.

25  
May

## Breastfeeding and drug and alcohol use

Time 9.30am to 1.00pm Venue Conf Room A

Health professionals are often in a dilemma promoting and supporting breast feeding when women are using drugs and/or alcohol during pregnancy and lactation. This half day session will explore these issues.

22  
June

## Relationship, family violence, pregnancy & substance use

Time 9.30am to 1.00pm Venue Conf Room A

This session will explore strategies for promoting and maintaining healthy relationships between substance using women and their partners. It will also look at ways of recognising family violence, potential risk factors in families and identifying referral options. It will also include:

- How to identify potential risk factors, signs and symptoms of family violence with your clients
- Explore ways of raising the issue of family violence with your clients
- Learn how to develop a safety plan

20  
July

## Drug & alcohol use in pregnancy (session also 9 march)

Time 9.30am to 4.00pm Venue Conf Room A

This full day session is aimed at health professionals working with pregnant women with drug and alcohol issues. Participants will gain an understanding of the impact of drug and alcohol use in pregnancy and the complexities involved. This session will be a replication of the same training day earlier in March 2010

24  
August

## Working with pregnant substance using women who have borderline personality disorder

Time 9.30am to 1.00pm Venue Conf Room A

This session will focus on an integrated framework for working with pregnant substance using women who have Borderline personality disorder. It will look at theoretical perspectives and management during pregnancy, the mother infant dyad, and strategies on how to work effectively with this client group. The session will also look at treatment options and social interventions.

14  
Sept

## Neonatal Abstinence Syndrome (NAS)

Time 9.30am to 1.00pm Venue Conf Room A

Infants exposed to drugs and alcohol during pregnancy are at risk of experiencing withdrawal after birth (Neonatal Abstinence Syndrome – NAS). This half day will focus on the following aspects of NAS

- Infants at risk of NAS
- Assessing infants for signs of NAS
- Parent education and preparation
- Supportive and medical care
- Infant home based withdrawal

26  
Oct

## Pregnancy, mental illness & substance use:

Time 9.30am to 1.00pm Venue Conf Room A

The strong relationship between substance use and mental illness and the importance of early intervention in pregnancy has become widely acknowledged.

This workshop aims to:

- Provide definitions of mental illness and substance use, including social and cultural aspects
- Assist practitioners to identify early signs of depression and anxiety in pregnancy
- Discuss referral options both within the medical setting and in the community.

23  
Nov

## Multidisciplinary care of the Infant experiencing a complicated drug withdrawal (NAS)

Time 9.30am to 1.00pm Venue Conf Room A

Some infants experiencing NAS will have a more complicated drug withdrawal requiring extended hospitalisation and interventions from a variety of specialist services.

This half day session will focus on the multidisciplinary care requirements of these infants in the hospital setting.

Details

### Training sessions

All sessions are conducted by the WADS team who are experienced practising health professionals with qualifications in drug and alcohol work and professional training.

Other guest presenters are included in some sessions.

Certificates of attendance are available on request.

### Participants

The program is available to all professionals from hospitals and community organisations who work with pregnant women and their infants. Some sessions may be of general interest, others will benefit specific professional groups. For further details regarding session content please visit our web site [www.thewomens.org.au/alcoholdrugservice](http://www.thewomens.org.au/alcoholdrugservice)

### Bookings and contact details

There is no charge for the program including training material.

For bookings and enquires contact WADS Tel (03) 8345-3931 Fax (03) 9344 2719 or Email [wads@thewomens.org.au](mailto:wads@thewomens.org.au)

To cancel please call Tony as there is often a waiting list.

### Venue

The Royal Women's Hospital, Conference room A, ground floor, main entry – cnr Grattan St and Flemington Rd Parkville.

Public transport is recommended. There is very limited street parking. Commercial car parking is available via the Flemington Rd entrance to the hospital car park. Commercial car parking is also available at the cnr Grattan and Cardigan Sts Carlton.

