

# FINE NEEDLE TESTICULAR BIOPSY

## UNDER LOCAL ANAESTHETIC



the women's  
the royal women's hospital  
victoria australia

Please read through the following information and instructions that are specific to the procedure you had today.

Your recovery should take about one week.

It is normal to have some bruising, tenderness and slight swelling for a few days.

For the first 24 hours after procedure:

- Wear supportive underwear.
- Avoid excessive exercise, particularly cycling – gentle activity only for 24 hours.
- Avoid intercourse for three to four days or until pain free and no sign of bleeding.
- Do not take anticoagulants, including aspirin.
- Be aware of signs of infection, such as:
  - increased swelling to the area
  - area is hot to touch
  - increased body temperature (over 38 degrees)
  - increased discharge or bleeding from the wound.

Notify your doctor if:

- There is any significant pain in your testes, which cannot be managed with pain killers.
- There is significant swelling of testes or scrotum.
- There is a significant increase in bleeding or bruising.
- Body temperature is above 38 degrees.

If you develop any of these symptoms, notify your treating physician if you are a private patient.

Alternatively, call the Reproductive Services nurses on (03) 9473 4444 between 7.30am and 4.30pm Monday to Friday, 7.30am and 3.30pm on Saturdays or if it is out of hours please attend your nearest hospital emergency department.

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