



## GP News

### Connecting healthcare for the benefit of patients

## Bridging the gap between in-hospital and community care



*Professor Louise Newman, Director of the Centre for Women's Mental Health with participants in the BEAR House pilot study*

**Mothers and their newborns will benefit from a new “one-stop-shop” support program run by the Royal Women’s Hospital aimed at bridging the gap between in-hospital and community care for women who are experiencing depression, anxiety or trauma.**

The BEAR House pilot study will identify and support vulnerable groups of mothers and their newborns through a two-week innovative day program focussed on providing early parenting guidance and advice from specialist healthcare workers including a maternal child health nurse, psychologists, and mental health professionals.

Run by the Centre for Women’s Mental Health, the pilot is an extension of the Building Early Attachment and Resilience (BEAR) programs currently operating at the Women’s for pregnant patients and new mothers who have or are at risk of depression, anxiety and other mental health issues.

**[Read more on the Women's website.](#)**

## New referral templates

The Royal Women's Hospital has updated the gynaecology and maternity service referral forms (Best Practice, Medical Director, Genie, ZedMed) on our website. The new forms are aligned with clinical information and investigations, as outlined in the [Shared Maternity Care Guidelines](#) and the [HealthPathways Melbourne](#) website.

Please replace any older referral templates with the updated versions on the Women's website [referral page](#).

## The Women's is moving to electronic discharge summaries on Argus

The Royal Women's Hospital will now send discharge summaries electronically through Argus from 9th October onwards. Practices using Argus will automatically receive discharge summaries electronically from 9th October - there is no need to contact us.

We understand not all GPs use the Argus facility and we are working towards other digital solutions. In the interim, we will continue to fax discharge summaries to those not using Argus.

If you would like to sign up for Argus, visit the [Argus message service website](#). Please note that this information does not imply that the Women's has any affiliation with the Argus provider or endorses this product.

Please email [the Women's ITC department](#) if you encounter any problems receiving discharge summaries from the Women's.

## Growing Together: pregnancy, labour and birth app



the women's  
the royal women's hospital  
victoria

**GROWING TOGETHER**  
~ a new version of the  
app for iOS and Android

The Royal Women's Hospital is pleased to announce the launch of a new version of its *Growing Together* app.

This free app includes:

- an ovulation tracker and fertility advice
- information about pregnancy, labour and birth
- tips for each stage of pregnancy
- tips on how to stay healthy during pregnancy
- videos of parents telling their stories
- videos to help parents understand their baby's cues
- information specifically for Dads.

In this new version of the app, we have improved its design, added an individual sign in and fixed some technical issues. The *Growing Together app* is available in both iOS and android versions. We feel sure that your patients will find it useful.

---

## Professional development and resources

- **Webinar: Obesity in pregnancy**

To be held on Wednesday 10th October 2-3pm. Hosted by Safer Care Victoria's Maternity and Newborn Clinical Network, with a panel of clinicians. The free webinar covers current best practice in managing women with a BMI > 30 in pregnancy, birth and postpartum. [Register for the webinar](#)

- **Survey on communication from hospitals**

Tell the AMA what communication from Victorian hospitals is like for GPs/other referrers by filling in this [anonymous 3 minutes survey](#).

- **Invitation to join the 'Shared maternity care guideline update' project**

The Royal Women's Hospital, Mercy Health, Western Health and Northern Health plan to update the current Guidelines for Shared Maternity Care Affiliates. This is an opportunity for you to be part of our project steering group and share your expertise and experience in pregnancy care to develop updated guidelines.

You will be responsible for attending steering group meetings every three months (likely to be a Tuesday or Wednesday late afternoon) and reviewing draft guidelines/responding to queries between meetings.

This requires a commitment of on average two to three hours a month. Participants will receive \$100/hour, for expenses including travel and parking costs.

If it sound interesting, then [email the GP Liaison Unit](#) and we will send you an expression of interest form for you to complete.

- **National Strategic Approach to Maternity Services (NSMAS) – consultation Round 2**

As the government is developing this important maternity plan, it's essential that they hear about the many great things for women and their babies undertaking shared maternity care.

Please consider putting in a submission, and let your shared care patients know about the consultation. Shared care patients can also put in a submission or attend a face to face workshop or webinar.

[Register for a workshop or webinar](#) or email [NSAMS@health.gov.au](mailto:NSAMS@health.gov.au)

- **Maternity e-handbook feedback**

In August 2018, the Maternity eHandbook reached its one year anniversary. The Maternity and Newborn Clinical Network is seeking your feedback, and asks you to [complete the online survey](#).

- **Annual RWH/RCH seminar on Pregnancy, infants, neonates**

The Royal Women's Hospital and Royal Children Hospital is hosting a seminar on Pregnancy, Infant and Neonates on 24th November 2018.

Visit to our [CPD event page](#) for updates on the seminar and registration.

## Contact

GP Liaison Unit

Unit Head Dr Ines Rio

ph: 8345 2064

email: [gp.liaison@thewomens.org.au](mailto:gp.liaison@thewomens.org.au)

Shared Care Coordinators

Simone Cordiano and Jane De Marco

ph: 8345 2129

email: [shared.care@thewomens.org.au](mailto:shared.care@thewomens.org.au)

Fast Fax Referral: fax: 8345 3036

GP Quick Access Number ph: 8345 2058

The Women's Switchboard ph: 8345 2000

The Women's Abortion and Contraception service professional line (03) 8345 3061 (not for use by women needing the service).

[Forward this email](#)



You have received this email because you are a Shared Maternity Care Affiliate and GP, or you



the women's  
the royal women's hospital  
victoria australia

have asked for online updates from the GP  
Liaison Unit

[Edit your subscription preferences](#)

[Unsubscribe instantly](#)