



In this edition of GP News, you'll find a wealth of information, including resources for GPs and training opportunities.

If you have any feedback or questions, please [email the GP Liaison team](#).

In this edition:

- Finalisation of Shared Maternity Care Affiliate recredentialing
- “My Maternity Journey” consumer resource: EOI for expert working groups
- Respectful Maternity and Newborn Care Framework
- Research invitation: prescribing antiseizure medications for childbearing patients
- Continuing Professional Development



Recredentialing for shared maternity care affiliates

The Recredentialing applications for the 2026 – 2028 triennium for shared maternity care affiliate (SMCA) GPs, obstetricians and midwives are being finalised.

SMCA will have received an invitation to apply by the Women's, Mercy, Northern or Western Hospital. If you received an invitation from the Women's and:

- applied but have not yet received your letter of approval and certificate via email, please contact: gp.liaison@thewomens.org.au
- have not responded, please let us know whether you would like to recredential or not.

If you received an invitation from a different Shared Maternity Care Collaborative hospital and would like an update on your application, please contact:

- Northern Health: nh-primarycareliaison@nh.org.au
- Mercy Hospital for Women: primarycare@mercy.com.au
- Western Health: gp@wh.org.au

Invitation to help co-design a “My Maternity Journey” resource

Safer Care Victoria (SCV) is seeking GPs and obstetricians to join their expert working groups supporting the development of a consumer resource. “My Maternity Journey” will guide women and their families through every stage of pregnancy and birth, supporting informed decisions and the best possible outcomes.



SCV is inviting expressions of interest from clinicians and consumers to participate in six in-person workshops to co-design content on:

- perinatal mental health
- pre-conception women’s health services and sexual health hubs
- the first trimester of pregnancy
- the second and third trimesters of pregnancy
- labour and birth
- postpartum care (up to six weeks post birth).

Participants will receive payment. For more information and to register your interest visit [SCV's website](#).



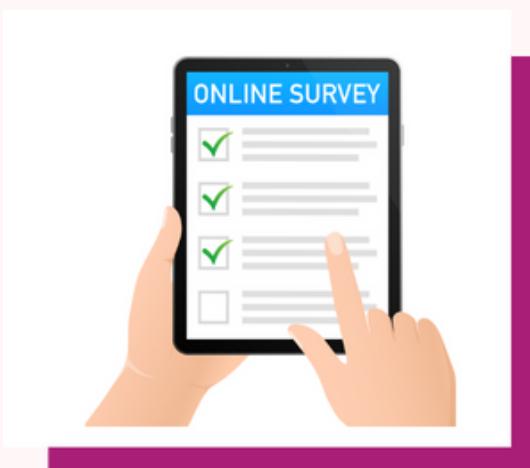
Respectful Maternity and Newborn Care Framework

Safer Care Victoria has recently released the [Respectful Maternity and Newborn Care Framework](#). It’s designed as a practical tool for clinicians and consumers to work in genuine partnership, especially when a woman makes an informed decision about her care pathway that differs from clinical recommendations.

The framework includes case studies, flowcharts and tools to guide informed decision-making, ensuring that a woman’s autonomy, dignity

and cultural needs are respected throughout her maternity journey.

[Save your copy](#)



Research invitation: prescribing antiseizure medications for childbearing patients

You are invited to participate in a 5-10 minute online survey of antiseizure medication prescribing practices for patients of childbearing potential.

There is currently limited evidence to guide general practitioners and

other clinicians caring for patients taking antiseizure medications during pregnancy. As a result, optimal counselling and prescribing approaches are unclear. Findings from this research will inform future guidelines and educational initiatives.

This research is part of a PhD study for Dr Alexander Berry-Noronha and has received ethics approval from the University of Melbourne.

[Start survey now](#)

CONTINUING PROFESSIONAL DEVELOPMENT

Preterm Birth Prevention Education Event

Safer Care Victoria is partnering with Women's Healthcare Australasia and the Australian Preterm Birth Prevention Alliance as part of the National Preterm Birth Prevention Collaborative (*Every Week Counts*).

An education session for primary health providers will share information on the initiative and evidence-based early pregnancy strategies proven to reduce preterm birth.

Date: Thursday 12 February 2026

Time: 6pm – 8.30 pm

Venue: Mantra Melbourne Epping

Cost: Free (registration required via Humanitix below)

Includes: Two-course dinner during the session



[Register now](#)



Newborn Behavioural Observations (NBO) training

The Newborn Behavioural Observations (NBO) system is a relationship building tool that fosters a positive parent-infant interactive relationship. The NBO consists of 18 neurobehavioral observations describing newborn capacities and behavioural adaptation from birth to three months of age.

The NBO is a practical tool for professionals working with parents during the perinatal period. Both online and in-person workshops are available in 2026.

- NBO in-person workshop (Melbourne): Monday 16 and Tuesday 17 February 2026
- NBO online workshop: Sunday 24, Monday 25, and Tuesday 26 May 2026
- NBO online workshop: Sunday 16, Monday 17 and Tuesday 18 August 2026
- NBO for High-Risk Infants in-person workshop (Melbourne): Monday 19 and Tuesday 20 October 2026

Cost: \$649 to \$924, depending on mode of workshop and early-bird rates.

For more information visit: [NBO training course information | The Royal Women's Hospital](#)

[Register here](#)

Contact us

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E: sharedcare@thewomens.org.au

The Women's Switchboard
P: (03) 8345 2000

The Women's Abortion & Contraception Service
P: [\(03\) 8345 2832](tel:(03)83452832) (professional line only)



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The Royal Women's Hospital acknowledges and pays respect to the peoples of the Kulin Nations, the Traditional Custodians of the Country on which our hospital stands.

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